

7 Km Trail Licques du 08/05/16 (Réelle 6,3)

| Rang | Dossard | Nom Prénom | Temps | Cat | Rang Cat | Ecart | Ecart Cat | Club | Vitesse Km/h | Temps au Km |
|------|---------|-----------------------|----------|-----|----------|----------|-----------|--|--------------|-------------|
| 1 | 7111 | FLINOIS Anthony | 00:23:41 | SEM | 1 | 00:00:00 | 00:00:00 | Côte d'Opale Triathlon | 15,961 | 03:46 |
| 2 | 7148 | MANIEZ Sylvain | 00:24:56 | V1M | 1 | 00:01:15 | 00:00:00 | ELAN GRAVELINES ATHLETISME | 15,160 | 03:57 |
| 3 | 7182 | ABDELLIOUA MADJID | 00:25:06 | SEM | 2 | 00:01:25 | 00:01:25 | - | 15,060 | 03:59 |
| 4 | 7192 | LANEEUW JEREMY | 00:25:17 | SEM | 3 | 00:01:36 | 00:01:36 | ASPTT LILLE | 14,951 | 04:01 |
| 5 | 7094 | DEGRAVE Guillaume | 00:25:32 | SEM | 4 | 00:01:51 | 00:01:51 | COURIR à GRAVELINES | 14,804 | 04:03 |
| 6 | 7181 | OGEZ STEEVE | 00:26:13 | V1M | 2 | 00:02:32 | 00:01:17 | - | 14,418 | 04:10 |
| 7 | 7163 | VANSTRAZEELE MATHIEU | 00:26:22 | SEM | 5 | 00:02:41 | 00:02:41 | - | 14,336 | 04:11 |
| 8 | 7073 | HUYGHE Florentin | 00:27:49 | JUM | 1 | 00:04:08 | 00:00:00 | LES CH'TIS COUREURS FLAMANDS DE BAVINCHOVE | 13,589 | 04:25 |
| 9 | 7187 | DELOHEN STEPHANE | 00:28:03 | V2M | 1 | 00:04:22 | 00:00:00 | R.C. BLENDÉCQUES | 13,476 | 04:27 |
| 10 | 7044 | HARDY Antoine | 00:28:05 | SEM | 6 | 00:04:24 | 00:04:24 | ES ARQUES | 13,460 | 04:27 |
| 11 | 1721 | CARDON FLORIAN | 00:28:15 | ESM | 1 | 00:04:34 | 00:00:00 | LE DRAPEAU | 13,381 | 04:29 |
| 12 | 7169 | LECOUSTRE KEVIN | 00:28:22 | SEM | 7 | 00:04:41 | 00:04:41 | NON LICENCIÉ | 13,325 | 04:30 |
| 13 | 7166 | D'HAILLECOURT HERVE | 00:28:35 | V1M | 3 | 00:04:54 | 00:03:39 | ES ARQUES | 13,224 | 04:32 |
| 14 | 7145 | CHIVET Pierre | 00:29:18 | JUM | 2 | 00:05:37 | 00:01:29 | SC BOULONNAIS | 12,901 | 04:39 |
| 15 | 7028 | DUREZ Frédéric | 00:30:06 | V1M | 4 | 00:06:25 | 00:05:10 | RIO TINTO | 12,558 | 04:47 |
| 16 | 7051 | REMY David | 00:31:31 | SEM | 8 | 00:07:50 | 00:07:50 | RC ALKATRIL | 11,994 | 05:00 |
| 17 | 7176 | SPILLIAERT FLORENCE | 00:31:52 | V1F | 1 | 00:08:11 | 00:00:00 | LE DRAPEAU | 11,862 | 05:03 |
| 18 | 7186 | HANON JEAN-PIERRE | 00:32:00 | V3M | 1 | 00:08:19 | 00:00:00 | LE DRAPEAU | 11,813 | 05:05 |
| 19 | 7029 | PROVOOST Patrick | 00:32:04 | V2M | 2 | 00:08:23 | 00:04:01 | RIO TINTO | 11,788 | 05:05 |
| 20 | 7112 | DUREZ-NION Angélique | 00:32:06 | V1F | 2 | 00:08:25 | 00:00:14 | COURIR A GRAVELINES | 11,776 | 05:06 |
| 21 | 7001 | LORGNIER Emmanuel | 00:32:09 | V1M | 5 | 00:08:28 | 00:07:13 | - | 11,757 | 05:06 |
| 22 | 1037 | DERUYWE BLANCHE | 00:32:25 | V1F | 3 | 00:08:44 | 00:00:33 | - | 11,661 | 05:09 |
| 23 | 7150 | ANQUEZ Yannick | 00:32:27 | V1M | 6 | 00:08:46 | 00:07:31 | - | 11,649 | 05:09 |
| 24 | 7153 | WIDHEM Christian | 00:32:29 | SEM | 9 | 00:08:48 | 00:08:48 | - | 11,637 | 05:09 |
| 25 | 7108 | SAILLY Mickaël | 00:32:35 | SEM | 10 | 00:08:54 | 00:08:54 | TEAM TRAIL GRAVELINES | 11,601 | 05:10 |
| 26 | 7090 | LENDERBAL Pierre | 00:33:05 | SEM | 11 | 00:09:24 | 00:09:24 | - | 11,426 | 05:15 |
| 27 | 7147 | DEMAZEUX Vincent | 00:33:22 | SEM | 12 | 00:09:41 | 00:09:41 | - | 11,329 | 05:18 |
| 28 | 7123 | DUBOS Virginie | 00:33:30 | V1F | 4 | 00:09:49 | 00:01:38 | MARCKATHLON | 11,284 | 05:19 |
| 29 | 7039 | DETRES Frédéric | 00:33:53 | V1M | 7 | 00:10:12 | 00:08:57 | OXYGENE | 11,156 | 05:23 |
| 30 | 7116 | BECQUET Marie | 00:33:55 | CAF | 1 | 00:10:14 | 00:00:00 | - | 11,145 | 05:23 |
| 31 | 7042 | PENET Jean-jacques | 00:34:05 | SEM | 13 | 00:10:24 | 00:10:24 | OXYGENE | 11,090 | 05:25 |
| 32 | 1720 | HACQUEL MICHEL | 00:34:48 | V1M | 8 | 00:11:07 | 00:09:52 | LE DRAPEAU | 10,862 | 05:31 |
| 33 | 7086 | VINCENSOVA Natalia | 00:34:55 | SEF | 1 | 00:11:14 | 00:00:00 | - | 10,826 | 05:33 |
| 34 | 7132 | CARON Corentin | 00:34:56 | JUM | 3 | 00:11:15 | 00:07:07 | - | 10,821 | 05:33 |
| 35 | 7152 | ECKEMAN Simon | 00:34:59 | SEM | 14 | 00:11:18 | 00:11:18 | - | 10,805 | 05:33 |
| 36 | 7013 | BOUCHARD Damien | 00:35:09 | SEM | 15 | 00:11:28 | 00:11:28 | LISSP CALAIS VOLLEY -BALL | 10,754 | 05:35 |
| 37 | 7130 | HEMELSDAEL Charles | 00:35:13 | ESM | 2 | 00:11:32 | 00:06:58 | - | 10,734 | 05:35 |
| 38 | 7087 | MOLMY Benjamin | 00:35:27 | SEM | 16 | 00:11:46 | 00:11:46 | - | 10,663 | 05:38 |
| 39 | 7139 | DECOUVELAERE Ludivine | 00:35:33 | V1F | 5 | 00:11:52 | 00:03:41 | TRAIL BLARINGHEM MARCK'ATHLON | 10,633 | 05:39 |
| 40 | 7191 | HENQUEZ YVES | 00:35:33 | V4M | 1 | 00:11:52 | 00:00:00 | PATRIOTES CROSS DE GUINES | 10,633 | 05:39 |
| 41 | 7047 | LECOCCQ Antoine | 00:35:36 | SEM | 17 | 00:11:55 | 00:11:55 | - | 10,618 | 05:39 |
| 42 | 7140 | LAVOINE Carinne | 00:35:44 | V1F | 6 | 00:12:03 | 00:03:52 | MARCK'ATHLON | 10,578 | 05:40 |
| 43 | 7125 | IMBERT Lena | 00:35:51 | CAF | 2 | 00:12:10 | 00:01:56 | - | 10,544 | 05:41 |
| 44 | 7175 | CULOT MATTEO | 00:35:56 | CAM | 1 | 00:12:15 | 00:00:00 | - | 10,519 | 05:42 |
| 45 | 7114 | LEMAIRE Sylvain | 00:35:57 | V1M | 9 | 00:12:16 | 00:11:01 | - | 10,515 | 05:42 |
| 46 | 7053 | BRUN Isabelle | 00:36:02 | V1F | 7 | 00:12:21 | 00:04:10 | - | 10,490 | 05:43 |
| 47 | 7098 | TANT Antoine | 00:36:04 | SEM | 18 | 00:12:23 | 00:12:23 | - | 10,481 | 05:43 |
| 48 | 7179 | COHEN-SOLAL JULIE | 00:36:06 | SEF | 2 | 00:12:25 | 00:01:11 | - | 10,471 | 05:44 |
| 49 | 7180 | LEDUC FRANCOIS | 00:36:07 | SEM | 19 | 00:12:26 | 00:12:26 | - | 10,466 | 05:44 |
| 50 | 7070 | BEGUE Alexis | 00:36:15 | ESM | 3 | 00:12:34 | 00:08:00 | - | 10,428 | 05:45 |
| 51 | 7198 | KERRINCKX WILLY | 00:36:26 | ESM | 4 | 00:12:45 | 00:08:11 | - | 10,375 | 05:47 |
| 52 | 7034 | VIVES Sylvie | 00:36:43 | V2F | 1 | 00:13:02 | 00:00:00 | OXYGENE | 10,295 | 05:50 |
| 53 | 7184 | FLAHAUT DANIEL | 00:36:54 | V1M | 10 | 00:13:13 | 00:11:58 | LE DRAPEAU | 10,244 | 05:51 |
| 54 | 7078 | FLAHAUT Frederic | 00:36:54 | SEM | 20 | 00:13:13 | 00:13:13 | - | 10,244 | 05:51 |
| 55 | 7156 | JORE Laurie | 00:37:02 | ESF | 1 | 00:13:21 | 00:00:00 | - | 10,207 | 05:53 |
| 56 | 7146 | ENGRAND Guillaume | 00:37:05 | SEM | 21 | 00:13:24 | 00:13:24 | TETEGHEM ATHLETISME | 10,193 | 05:53 |
| 57 | 7050 | LAPORTE Franck | 00:37:31 | SEM | 22 | 00:13:50 | 00:13:50 | PATRIOTE CROSS DE GUINES | 10,076 | 05:57 |
| 58 | 7095 | BRANLY-LAN Sabrina | 00:37:36 | SEF | 3 | 00:13:55 | 00:02:41 | AMICALE LE DRAPEAU LE PORTEL | 10,053 | 05:58 |
| 59 | 7162 | DELPY LEO | 00:37:45 | MIM | 1 | 00:14:04 | 00:00:00 | - | 10,013 | 06:00 |
| 60 | 7164 | LEFRANC GAUTHIER | 00:37:58 | CAM | 2 | 00:14:17 | 00:02:02 | - | 9,956 | 06:02 |
| 61 | 7115 | CALON Vanessa | 00:38:03 | V1F | 8 | 00:14:22 | 00:06:11 | - | 9,934 | 06:02 |
| 62 | 7174 | SAMELOT VINCENT | 00:38:10 | SEM | 23 | 00:14:29 | 00:14:29 | NON LICENCIÉ | 9,904 | 06:03 |
| 63 | 7061 | LEICHT Anne | 00:38:12 | SEF | 4 | 00:14:31 | 00:03:17 | - | 9,895 | 06:04 |
| 64 | 1722 | CAREJE FLORENCE | 00:38:19 | V2F | 2 | 00:14:38 | 00:01:36 | - | 9,865 | 06:05 |
| 65 | 7040 | PENET Sophie | 00:38:19 | SEF | 5 | 00:14:38 | 00:03:24 | OXYGENE | 9,865 | 06:05 |
| 66 | 7030 | VANDIENSTÉ Melanie | 00:38:19 | SEF | 6 | 00:14:38 | 00:03:24 | OXYGENE | 9,865 | 06:05 |
| 67 | 7037 | VALLIERE Stéphanie | 00:38:20 | V1F | 9 | 00:14:39 | 00:06:28 | OXYGENE | 9,861 | 06:05 |
| 68 | 7161 | MOCQ ROMAIN | 00:38:27 | SEM | 24 | 00:14:46 | 00:14:46 | - | 9,831 | 06:06 |
| 69 | 7109 | RENAUT Stephane | 00:38:34 | V1M | 11 | 00:14:53 | 00:13:38 | - | 9,801 | 06:07 |
| 70 | 7135 | LEGUAY Marianne | 00:38:38 | V1F | 10 | 00:14:57 | 00:06:46 | - | 9,784 | 06:08 |
| 71 | 7101 | DUFOUR Emmanuel | 00:38:41 | V1M | 12 | 00:15:00 | 00:13:45 | - | 9,772 | 06:08 |
| 72 | 7027 | COLLIGNON Jérôme | 00:38:50 | V1M | 13 | 00:15:09 | 00:13:54 | - | 9,734 | 06:10 |
| 73 | 7158 | FONTAINE EMELINE | 00:38:58 | JUF | 1 | 00:15:17 | 00:00:00 | - | 9,701 | 06:11 |
| 74 | 7093 | HALTER DUROCHER Farah | 00:38:58 | V1F | 11 | 00:15:17 | 00:07:06 | - | 9,701 | 06:11 |
| 75 | 7189 | BERTIN AUBIN | 00:39:04 | ESM | 5 | 00:15:23 | 00:10:49 | - | 9,676 | 06:12 |
| 76 | 7056 | DUHAMEL Emilie | 00:39:13 | SEF | 7 | 00:15:32 | 00:04:18 | - | 9,639 | 06:13 |
| 77 | 7060 | WIART Sylvain | 00:39:15 | V1M | 14 | 00:15:34 | 00:14:19 | TEAM TRAIL AUDOMARNOIS | 9,631 | 06:14 |
| 78 | 7096 | HANON Liliane | 00:39:21 | V3F | 1 | 00:15:40 | 00:00:00 | AMICALE LE DRAPEAU LE PORTEL | 9,606 | 06:15 |
| 79 | 7008 | CHRISTIAENS Claire | 00:39:32 | SEF | 8 | 00:15:51 | 00:04:37 | - | 9,562 | 06:17 |
| 80 | 7035 | HERON Cathy | 00:39:36 | V1F | 12 | 00:15:55 | 00:07:44 | OXYGENE | 9,545 | 06:17 |
| 81 | 7118 | FROMENT Sandrine | 00:39:42 | SEF | 9 | 00:16:01 | 00:04:47 | ALKATRIL | 9,521 | 06:18 |

7 Km Trail Licques du 08/05/16 (Réelle 6,3)

| Rang | Dossard | Nom Prénom | Temps | Cat | Rang Cat | Ecart | Ecart Cat | Club | Vitesse Km/h | Temps au Km |
|------------|-------------|----------------------------|----------|-----|----------|----------|-----------|--|--------------|-------------|
| 82 | 7048 | LAGGOUN Sophie | 00:39:53 | SEF | 10 | 00:16:12 | 00:04:58 | - | 9,478 | 06:20 |
| 83 | 7128 | DURANEL Guillaume | 00:39:59 | CAM | 3 | 00:16:18 | 00:04:03 | - | 9,454 | 06:21 |
| 84 | 7104 | DUPOUY Séverine | 00:40:04 | V1F | 13 | 00:16:23 | 00:08:12 | OLYMPIQUE AIRE SUR LA LYS | 9,434 | 06:22 |
| 85 | 7144 | ARGOT Karine | 00:40:05 | V1F | 14 | 00:16:24 | 00:08:13 | - | 9,430 | 06:22 |
| 86 | 7131 | CARON Nathalie | 00:40:12 | V1F | 15 | 00:16:31 | 00:08:20 | - | 9,403 | 06:23 |
| 87 | 7143 | BUCHET Laurence | 00:40:18 | SEF | 11 | 00:16:37 | 00:05:23 | CULTURE DANSE ETAPLES | 9,380 | 06:24 |
| 88 | 7049 | WAREMBOURG Perrine | 00:40:21 | SEF | 12 | 00:16:40 | 00:05:26 | - | 9,368 | 06:24 |
| 89 | 7172 | MEQUINION JOSEPHINE | 00:40:23 | JUF | 2 | 00:16:42 | 00:01:25 | - | 9,360 | 06:25 |
| 90 | 7075 | WAROT Anna | 00:40:25 | CAF | 3 | 00:16:44 | 00:06:30 | LES CH'TIS COUREURS FLAMANDS DE BAVINCHOVE | 9,353 | 06:25 |
| 91 | 7071 | ELLEBOUDET Louis | 00:40:25 | CAM | 4 | 00:16:44 | 00:04:29 | LES CH'TIS COUREURS FLAMANDS DE BAVINCHOVE | 9,353 | 06:25 |
| 92 | 7012 | DOUBLET Christine | 00:40:35 | V2F | 3 | 00:16:54 | 00:03:52 | - | 9,314 | 06:27 |
| 93 | 7113 | BAQUET Margaux | 00:40:37 | ESF | 2 | 00:16:56 | 00:03:35 | - | 9,307 | 06:27 |
| 94 | 7026 | HAMEREL Ismérie | 00:40:40 | SEF | 13 | 00:16:59 | 00:05:45 | - | 9,295 | 06:27 |
| 95 | 7151 | DESCAMPS Elise | 00:40:56 | SEF | 14 | 00:17:15 | 00:06:01 | - | 9,235 | 06:30 |
| 96 | 7065 | BOUTIFLAT Sylvain | 00:40:56 | V1M | 15 | 00:17:15 | 00:16:00 | - | 9,235 | 06:30 |
| 97 | 7077 | FASQUELLE Elisabeth | 00:40:57 | SEF | 15 | 00:17:16 | 00:06:02 | - | 9,231 | 06:30 |
| 98 | 7038 | DETRES Sylvia | 00:41:01 | SEF | 16 | 00:17:20 | 00:06:06 | OXYGENE | 9,216 | 06:31 |
| 99 | 7138 | SAINT-GEORGES Nadège | 00:41:01 | SEF | 17 | 00:17:20 | 00:06:06 | - | 9,216 | 06:31 |
| 100 | 7006 | TROPCHAUD Véronique | 00:41:06 | V2F | 4 | 00:17:25 | 00:04:23 | APC DE GRAND SYNTHÉ | 9,197 | 06:31 |
| 101 | 7069 | TROCME Zeynep | 00:41:07 | SEF | 18 | 00:17:26 | 00:06:12 | - | 9,193 | 06:32 |
| 102 | 7031 | LATIOUX Yacine | 00:41:07 | SEM | 25 | 00:17:26 | 00:17:26 | OXYGENE | 9,193 | 06:32 |
| 103 | 7041 | DUYTSCHÉ Pauline | 00:41:36 | SEF | 19 | 00:17:55 | 00:06:41 | - | 9,087 | 06:36 |
| 104 | 7122 | ELLART Sandra | 00:41:55 | V1F | 16 | 00:18:14 | 00:10:03 | - | 9,018 | 06:39 |
| 105 | 7160 | DUFOUR JEAN-PIERRE | 00:42:05 | V3M | 2 | 00:18:24 | 00:10:05 | - | 8,982 | 06:41 |
| 106 | 7067 | BLOUIN Anne-sophie | 00:42:07 | V1F | 17 | 00:18:26 | 00:10:15 | - | 8,975 | 06:41 |
| 107 | 7127 | MARCOURT Céline | 00:42:11 | SEF | 20 | 00:18:30 | 00:07:16 | - | 8,961 | 06:42 |
| 108 | 7033 | LATIOUX Jennifer | 00:42:19 | SEF | 21 | 00:18:38 | 00:07:24 | OXYGENE | 8,933 | 06:43 |
| 109 | 1724 | TULUMOUUC YOURI | 00:42:20 | V1M | 16 | 00:18:39 | 00:17:24 | - | 8,929 | 06:43 |
| 110 | 7097 | MODOLO Fanny | 00:42:22 | V1F | 18 | 00:18:41 | 00:10:30 | AMICALE LE DRAPEAU LE PORTEL | 8,922 | 06:43 |
| 111 | 7021 | DOLLE Aurélie | 00:42:28 | SEF | 22 | 00:18:47 | 00:07:33 | - | 8,901 | 06:44 |
| 112 | 7022 | BOUCHER Agathe | 00:42:50 | SEF | 23 | 00:19:09 | 00:07:55 | - | 8,825 | 06:48 |
| 113 | 7107 | VANDAMME Virginie | 00:42:55 | V1F | 19 | 00:19:14 | 00:11:03 | - | 8,808 | 06:49 |
| 114 | 7119 | BONNETAUD Gregory | 00:42:56 | SEM | 26 | 00:19:15 | 00:19:15 | - | 8,804 | 06:49 |
| 115 | 7016 | BERNARD Olivier | 00:43:12 | V1M | 17 | 00:19:31 | 00:18:16 | - | 8,750 | 06:51 |
| 116 | 7102 | DELLERIE Anais | 00:43:26 | SEF | 24 | 00:19:45 | 00:08:31 | - | 8,703 | 06:54 |
| 117 | 7088 | VICART Laurence | 00:43:43 | V1F | 20 | 00:20:02 | 00:11:51 | - | 8,647 | 06:56 |
| 118 | 7085 | FAVIER Frédéric | 00:43:43 | V1M | 18 | 00:20:02 | 00:18:47 | - | 8,647 | 06:56 |
| 119 | 7000 | GILLET Julien | 00:43:50 | JUM | 4 | 00:20:09 | 00:16:01 | RC ALKATRIL | 8,624 | 06:57 |
| 120 | 7043 | BAYART Karine | 00:43:58 | SEF | 25 | 00:20:17 | 00:09:03 | ATHLÉTISME TÊTEGHEL | 8,597 | 06:59 |
| 121 | 7168 | OTTO CHANTAL | 00:43:59 | V1F | 21 | 00:20:18 | 00:12:07 | - | 8,594 | 06:59 |
| 122 | 7194 | HOURRIEZ JACKY | 00:44:07 | V2M | 3 | 00:20:26 | 00:16:04 | - | 8,568 | 07:00 |
| 123 | 7193 | MOREL PIERRE | 00:44:07 | SEM | 27 | 00:20:26 | 00:20:26 | - | 8,568 | 07:00 |
| 124 | 7120 | BONNETAUD Cindy | 00:44:12 | SEF | 26 | 00:20:31 | 00:09:17 | - | 8,552 | 07:01 |
| 125 | 7170 | CLAIS ANAIS | 00:44:14 | CAF | 4 | 00:20:33 | 00:10:19 | - | 8,546 | 07:01 |
| 126 | 7173 | SAUVAGE ADELAIDE | 00:44:14 | JUF | 3 | 00:20:33 | 00:05:16 | - | 8,546 | 07:01 |
| 127 | 7178 | BAUDUIN JEAN-MARC | 00:44:14 | V2M | 4 | 00:20:33 | 00:16:11 | - | 8,546 | 07:01 |
| 128 | 7177 | DELATRE PATRICIA | 00:44:14 | V2F | 5 | 00:20:33 | 00:07:31 | LE DRAPEAU | 8,546 | 07:01 |
| 129 | 7195 | WALLART EVER | 00:44:19 | SEF | 27 | 00:20:38 | 00:09:24 | - | 8,530 | 07:02 |
| 130 | 7133 | MAHIEU Tony | 00:44:43 | V1M | 19 | 00:21:02 | 00:19:47 | - | 8,453 | 07:06 |
| 131 | 7063 | FOURNIER Amélie | 00:44:53 | SEF | 28 | 00:21:12 | 00:09:58 | - | 8,422 | 07:07 |
| 132 | 7062 | FOURNIER Alexandre | 00:44:53 | SEM | 28 | 00:21:12 | 00:21:12 | - | 8,422 | 07:07 |
| 133 | 7081 | MERLIER Julie | 00:44:59 | SEF | 29 | 00:21:18 | 00:10:04 | - | 8,403 | 07:08 |
| 134 | 7165 | ZIELINSKI FRANCK | 00:45:13 | SEM | 29 | 00:21:32 | 00:21:32 | - | 8,360 | 07:11 |
| 135 | 7059 | FERREIRA DA SILVA Nathalie | 00:45:14 | V1F | 22 | 00:21:33 | 00:13:22 | - | 8,357 | 07:11 |
| 136 | 7036 | HOUBION Aurélie | 00:45:20 | V1F | 23 | 00:21:39 | 00:13:28 | OXYGENE | 8,338 | 07:12 |
| 137 | 7068 | DUPAS Emmanuel | 00:45:30 | V1M | 20 | 00:21:49 | 00:20:34 | - | 8,308 | 07:13 |
| 138 | 7017 | BONVOISIN Marie | 00:45:44 | SEF | 30 | 00:22:03 | 00:10:49 | - | 8,265 | 07:16 |
| 139 | 7018 | VIGREUX Jérémy | 00:45:44 | SEM | 30 | 00:22:03 | 00:22:03 | - | 8,265 | 07:16 |
| 140 | 7055 | HOCQUETTE Gaston | 00:45:46 | SEM | 31 | 00:22:05 | 00:22:05 | - | 8,259 | 07:16 |
| 141 | 7052 | BALLE Stephanie | 00:45:46 | SEF | 31 | 00:22:05 | 00:10:51 | - | 8,259 | 07:16 |
| 142 | 7054 | FABRE Dorothee | 00:45:50 | SEF | 32 | 00:22:09 | 00:10:55 | - | 8,247 | 07:17 |
| 143 | 7045 | LESUISSE Ludovic | 00:45:50 | SEM | 32 | 00:22:09 | 00:22:09 | - | 8,247 | 07:17 |
| 144 | 7082 | LEDUCQ Laurence | 00:46:19 | SEF | 33 | 00:22:38 | 00:11:24 | - | 8,161 | 07:21 |
| 145 | 7083 | LEDUCQ Sebastien | 00:46:20 | SEM | 33 | 00:22:39 | 00:22:39 | - | 8,158 | 07:21 |
| 146 | 7126 | WIDHEM Laura | 00:46:56 | SEF | 34 | 00:23:15 | 00:12:01 | - | 8,054 | 07:27 |
| 147 | 7197 | RANOUX CHRISTELLE | 00:46:58 | V1F | 24 | 00:23:17 | 00:15:06 | - | 8,048 | 07:27 |
| 148 | 7079 | DEHARTE Joséphine | 00:47:00 | SEF | 35 | 00:23:19 | 00:12:05 | - | 8,043 | 07:28 |
| 149 | 7080 | DEMIRDJIAN Anais | 00:47:01 | SEF | 36 | 00:23:20 | 00:12:06 | - | 8,040 | 07:28 |
| 150 | 7099 | GUERY Nathalie | 00:47:08 | V1F | 25 | 00:23:27 | 00:15:16 | - | 8,020 | 07:29 |
| 151 | 7100 | GUERY Jean-pierre | 00:47:10 | V1M | 21 | 00:23:29 | 00:22:14 | - | 8,014 | 07:29 |
| 152 | 7196 | DESSEIN CELINE | 00:47:11 | V1F | 26 | 00:23:30 | 00:15:19 | - | 8,011 | 07:29 |
| 153 | 7117 | APPOURCHAUX Valerie | 00:47:15 | V2F | 6 | 00:23:34 | 00:10:32 | OAH | 8,000 | 07:30 |
| 154 | 7003 | ZANELLI Bruno | 00:47:15 | V2M | 5 | 00:23:34 | 00:19:12 | - | 8,000 | 07:30 |
| 155 | 7020 | GAMELIN Chloe | 00:47:27 | SEF | 37 | 00:23:46 | 00:12:32 | - | 7,966 | 07:32 |
| 156 | 7190 | HENQUEZ BERNADETTE | 00:48:10 | V3F | 2 | 00:24:29 | 00:08:49 | PATRIOTES CROSS DE GUINES | 7,848 | 07:39 |
| 157 | 7058 | BONNAILLIE Sonia | 00:48:28 | V2F | 7 | 00:24:47 | 00:11:45 | - | 7,799 | 07:42 |
| 158 | 7019 | TATAT Indra | 00:48:51 | V2F | 8 | 00:25:10 | 00:12:08 | STUDIO FORME | 7,738 | 07:45 |
| 159 | 7011 | YARD Sabrina | 00:48:51 | SEF | 38 | 00:25:10 | 00:13:56 | - | 7,738 | 07:45 |
| 160 | 7121 | LOUCHET Aurelie | 00:48:52 | SEF | 39 | 00:25:11 | 00:13:57 | - | 7,735 | 07:45 |
| 161 | 7137 | MAGNIER Fabienne | 00:49:14 | V2F | 9 | 00:25:33 | 00:12:31 | - | 7,678 | 07:49 |
| 162 | 7136 | GRESSIER Adelaide | 00:49:17 | SEF | 40 | 00:25:36 | 00:14:22 | - | 7,670 | 07:49 |

7 Km Trail Licques du 08/05/16 (Réelle 6,3)

| Rang | Dossard | Nom Prénom | Temps | Cat | Rang Cat | Ecart | Ecart Cat | Club | Vitesse Km/h | Temps au Km |
|------|---------|---------------------------|----------|-----|----------|----------|-----------|--|--------------|-------------|
| 163 | 7091 | BRIZZI Julie | 00:49:20 | SEF | 41 | 00:25:39 | 00:14:25 | - | 7,662 | 07:50 |
| 164 | 7105 | LAMOUREUX Elsa | 00:49:22 | SEF | 42 | 00:25:41 | 00:14:27 | LES CHTI' COUREURS DE BAVINCHOVE | 7,657 | 07:50 |
| 165 | 7157 | BIRO Soren | 00:49:26 | SEM | 34 | 00:25:45 | 00:25:45 | - | 7,647 | 07:51 |
| 166 | 7110 | LEDRU BELLEGUEULLE Céline | 00:49:27 | SEF | 43 | 00:25:46 | 00:14:32 | - | 7,644 | 07:51 |
| 167 | 7023 | TEMPERVILLE Charlotte | 00:49:35 | SEF | 44 | 00:25:54 | 00:14:40 | - | 7,624 | 07:52 |
| 168 | 7046 | VIGNERON Sylvia | 00:49:36 | V1F | 27 | 00:25:55 | 00:17:44 | - | 7,621 | 07:52 |
| 169 | 1367 | GEHIN Jean christophe | 00:49:44 | V1M | 22 | 00:26:03 | 00:24:48 | - | 7,601 | 07:54 |
| 170 | 7009 | FOURNIER Stephanie | 00:50:15 | SEF | 45 | 00:26:34 | 00:15:20 | - | 7,522 | 07:59 |
| 171 | 7010 | FOURNIER Michel | 00:50:15 | V2M | 6 | 00:26:34 | 00:22:12 | - | 7,522 | 07:59 |
| 172 | 7007 | HARLE Dominique | 00:50:36 | V1F | 28 | 00:26:55 | 00:18:44 | - | 7,470 | 08:02 |
| 173 | 1723 | CHARLES DAVID | 00:50:36 | V1M | 23 | 00:26:55 | 00:25:40 | NON LICENCIE | 7,470 | 08:02 |
| 174 | 7092 | SERRET Pascal | 00:50:53 | V2M | 7 | 00:27:12 | 00:22:50 | - | 7,429 | 08:05 |
| 175 | 7089 | SERRET Nicolas | 00:50:53 | JUM | 5 | 00:27:12 | 00:23:04 | - | 7,429 | 08:05 |
| 176 | 7188 | COURTOIS VIVIANE | 00:51:02 | V2F | 10 | 00:27:21 | 00:14:19 | - | 7,407 | 08:06 |
| 177 | 7199 | BERTIN CELINE | 00:51:06 | SEF | 46 | 00:27:25 | 00:16:11 | - | 7,397 | 08:07 |
| 178 | 7200 | RENAUT HELENE | 00:51:22 | SEF | 47 | 00:27:41 | 00:16:27 | - | 7,359 | 08:09 |
| 179 | 7025 | VANDEWYNCKEL Caroline | 00:51:23 | V1F | 29 | 00:27:42 | 00:19:31 | - | 7,356 | 08:09 |
| 180 | 7183 | ANGEBault MARIE | 00:51:41 | SEF | 48 | 00:28:00 | 00:16:46 | LE DRAPEAU | 7,314 | 08:12 |
| 181 | 7185 | CAPELLE HELENE | 00:52:22 | SEF | 49 | 00:28:41 | 00:17:27 | - | 7,218 | 08:19 |
| 182 | 7057 | DENIS Norbert | 00:53:16 | V3M | 3 | 00:29:35 | 00:21:16 | - | 7,096 | 08:27 |
| 183 | 7074 | VERLET Kévin | 00:54:03 | SEM | 35 | 00:30:22 | 00:30:22 | LES CH'TIS COUREURS FLAMANDS DE BAVINCHOVE | 6,994 | 08:35 |
| 184 | 7106 | DEFRAEYE Virginie | 00:54:03 | SEF | 50 | 00:30:22 | 00:19:08 | LES CHTI' COUREURS DE BAVINCHOVE | 6,994 | 08:35 |
| 185 | 7032 | LATIOUUX Khémissa | 00:54:23 | ESF | 3 | 00:30:42 | 00:17:21 | OXYGENE | 6,951 | 08:38 |
| 186 | 7134 | LEDUCQ Sandrine | 00:54:28 | SEF | 51 | 00:30:47 | 00:19:33 | - | 6,940 | 08:39 |
| 187 | 7149 | LEDUCQ Veronique | 00:54:29 | SEF | 52 | 00:30:48 | 00:19:34 | - | 6,938 | 08:39 |
| 188 | 7171 | TRISTRAM MORGANE | 00:55:07 | JUF | 4 | 00:31:26 | 00:16:09 | - | 6,858 | 08:45 |
| 189 | 7064 | DEBRABANT Cecile | 00:55:19 | SEF | 53 | 00:31:38 | 00:20:24 | - | 6,833 | 08:47 |
| 190 | 7159 | SUEUR MELANIE | 00:55:46 | V1F | 30 | 00:32:05 | 00:23:54 | SPORT EVASION DES 2 CAPS | 6,778 | 08:51 |
| 191 | 7155 | MARCOTTE Justine | 00:56:32 | SEF | 54 | 00:32:51 | 00:21:37 | - | 6,686 | 08:58 |
| 192 | 7154 | CARON Rémy | 00:56:33 | SEM | 36 | 00:32:52 | 00:32:52 | - | 6,684 | 08:59 |
| 193 | 7167 | MORIN PATRICIA | 00:57:22 | V2F | 11 | 00:33:41 | 00:20:39 | - | 6,589 | 09:06 |
| 194 | 7024 | DEULLY Justine | 00:57:23 | SEF | 55 | 00:33:42 | 00:22:28 | US LEFFRINCKOUCKE JOGGING | 6,587 | 09:07 |